

MATRIX

T1x
T3x

T1xe
T3xe

T3xh





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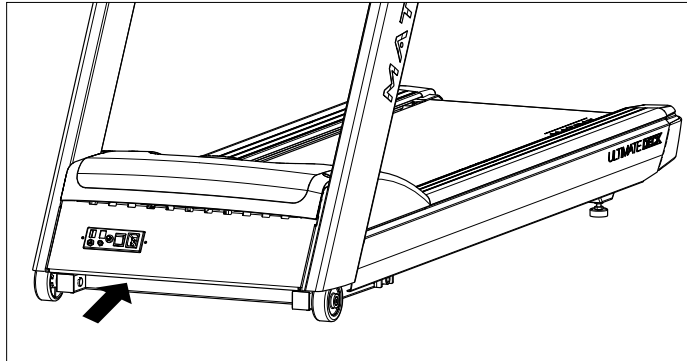
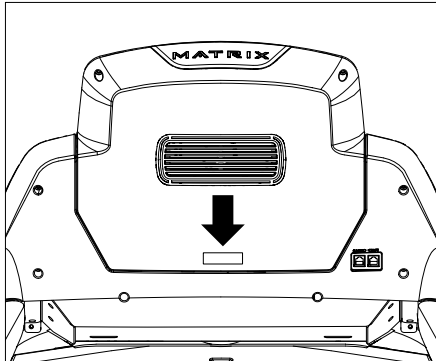
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CONSOLE GUIDE

SERIAL NUMBER LOCATIONS



Before proceeding, find the serial numbers located on barcode stickers and enter them in the spaces provided below.

CONSOLE SERIAL NUMBER

FRAME SERIAL NUMBER

MODEL

 T1x T3x T1xe T3xe T3xh **MATRIX TREADMILL**

* Use the information above when calling for service.



T1X



T1X CONSOLE DESCRIPTION

The Matrix machine is inspected before it is packaged. It is shipped in two pieces: the base and the console. Carefully unpack the unit and dispose of the box material. Note: There is a thin protective sheet of clear plastic on the overlay of the console that should be removed before use.

- A) WORKOUT KEYS:** Simple program view and selection buttons. Press Fitness Test button to cycle through available tests.
- B) GO:** One Touch Start.
- C) ENTER:** To confirm each program setting.
- D) BACK:** Go to previous program setting.
- E) NUMBER KEYPAD:** Allows for easy number inputs.
- F) UP/DOWN INCLINE:** Adjust incline and make program selections.
- G) UP/DOWN SPEED:** Adjust speed and make program selections.
- H) UP/DOWN TIME:** Adjust workout time.
- I) TOGGLE DISPLAY:** Cycles between 3 rows of workout information displayed in LED window. The console will automatically cycle between the workout information if the Toggle Display button is pushed and held down for 3 seconds.
- J) EMERGENCY STOP / IMMOBILIZATION:** To stop all functions and immobilize the unit. The emergency stop on this treadmill must be returned to its original position in order to allow normal operation of the unit.
- K) STOP:** Ends workout and shows workout summary data.
- L) PAUSE:** Pauses workout. Pause duration can be set in manager or engineering mode.
- M) COOL DOWN:** Puts treadmill into Cool Down mode. Cool Down time is dependent on the length of the workout.

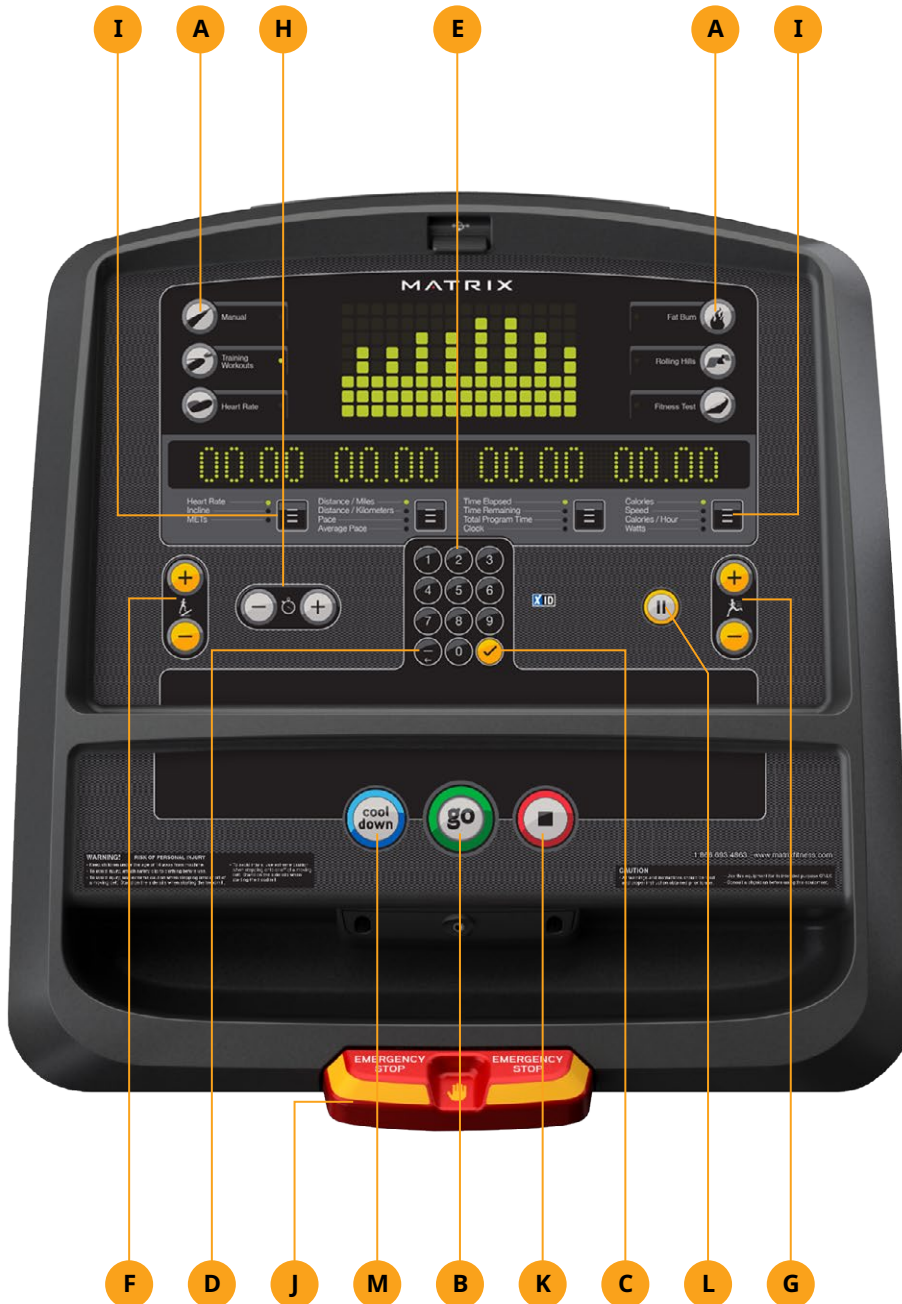


T3X

T3X CONSOLE DESCRIPTION

The Matrix machine is inspected before it is packaged. It is shipped in two pieces: the base and the console. Carefully unpack the unit and dispose of the box material. Note: There is a thin protective sheet of clear plastic on the overlay of the console that should be removed before use.

- A) **WORKOUT KEYS:** Simple program view and selection buttons. Press Fitness Test button to cycle through available tests.
- B) **GO:** One Touch Start.
- C) **ENTER:** To confirm each program setting.
- D) **BACK:** Go to previous program setting.
- E) **NUMBER KEYPAD:** Allows for easy number inputs.
- F) **UP/DOWN INCLINE:** Adjust incline and make program selections.
- G) **UP/DOWN SPEED:** Adjust speed and make program selections.
- H) **UP/DOWN TIME:** Adjust workout time.
- I) **TOGGLE DISPLAY:** Cycles between 3 rows of workout information displayed in LED window. The console will automatically cycle between the workout information if the Toggle Display button is pushed and held down for 3 seconds.
- J) **EMERGENCY STOP / IMMOBILIZATION:** To stop all functions and immobilize the unit. The emergency stop on this treadmill must be returned to its original position in order to allow normal operation of the unit.
- K) **STOP:** Ends workout and shows workout summary data.
- L) **PAUSE:** Pauses workout. Pause duration can be set in manager or engineering mode.
- M) **COOL DOWN:** Puts treadmill into Cool Down mode. Cool Down time is dependent on the length of the workout.





T1XE
T3XE



T1XE/T3XE CONSOLE DESCRIPTION

The Matrix machine is inspected before it is packaged. It is shipped in two pieces: the base and the console. Carefully unpack the unit and dispose of the box material. Note: There is a thin protective sheet of clear plastic on the overlay of the console that should be removed before use.

The T1xe/T3xe has a fully integrated touch screen display. All information required for workouts is explained on-screen. Exploration of the interface is highly encouraged. The information explaining how to program for various workouts will give an explanation about the contents of each screen on the T1xe/T3xe.

- A) GO:** One Touch Start.
- B) UP/DOWN INCLINE:** Adjust incline and make program selections.
- C) UP/DOWN SPEED:** Adjust speed and make program selections.
- D) PAUSE** (displayed on-screen during workout): Pauses workout. Pause duration can be set in manager or engineering mode. During pause, user can choose to stop or continue workout.
- E) COOL DOWN** (displayed on-screen during workout): Puts treadmill into Cool Down mode. Cool Down time is dependent on the length of the workout.
- F) EMERGENCY STOP / IMMOBILIZATION:** To stop all functions and immobilize the unit. The emergency stop on this treadmill must be returned to its original position in order to allow normal operation of the unit.
- G) VOLUME UP/DOWN:** Adjusts the volume output through headphones.
- H) CHANNEL UP/DOWN:** Allows for channel selection on the integrated console TV.
- I) HOME:** Will take the user back to the home screen.
- J) LAST CHANNEL:** Allows the user to cycle between the current channel and the previous channel they were viewing.
- K) DISPLAY MODE:** Allows user to cycle through display modes.
- L) CC/MUTE:** Mutes sound and turns closed captioning on or off.
- M) NUMBER KEYPAD:** Allows for easy number inputs.



T3XH

T3XH CONSOLE DESCRIPTION (SIMPLE MODE)

The Matrix machine is inspected before it is packaged. It is shipped in two pieces: the base and the console. Carefully unpack the unit and dispose of the box material. Note: There is a thin protective sheet of clear plastic on the overlay of the console that should be removed before use.

The T3xh has a fully integrated touch screen display. All information required for workouts is explained on-screen. Exploration of the interface is highly encouraged. The information explaining how to program for various workouts will give an explanation about the contents of each screen on the T3xh.

- A) **GO/STOP:** One touch start (displayed on-screen before workout). Press to end workout and show workout summary data.
- B) **UP/DOWN INCLINE:** Adjust incline during workout.
- C) **UP/DOWN SPEED:** Adjust speed during workout.
- D) **PAUSE:** Pauses workout. Pause duration can be set in manager or engineering mode.
- E) **EMERGENCY STOP / IMMOBILIZATION:** To stop all functions and immobilize the unit. The emergency stop on this treadmill must be returned to its original position in order to allow normal operation of the unit.
- F) **NOTE:** Entertainment features are not enabled in simple mode.









T1XE
T3XE

T1XE/T3XE CONSOLE OPERATION


GETTING STARTED

- Touch the **USER** button to sign-in with your XID.
- Touch the **GUEST** button to workout anonymously.
- Touch the **REGISTER** button to create a new XID.
- For help or more information, touch .
- To change language, touch .

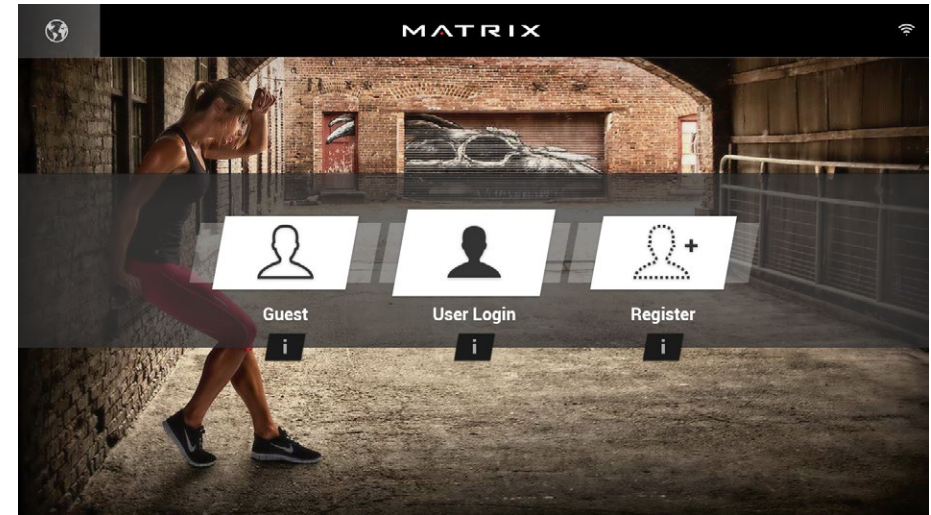
USER SIGN-IN

- 1) Enter your **XID** and touch .
- 2) Enter your **PASSCODE** and touch .

REGISTER A NEW USER

- 1) Don't have an xID account? Registration is easy.
- 2) Follow the on-screen prompts to create your free account.
- 3) Review your information and select the **I ACCEPT THE TERMS AND CONDITIONS** box to review the Terms and Conditions.
- 4) Touch  to complete registration. Your account is now active and you are signed-in.


LOGIN SCREEN



GO SCREEN

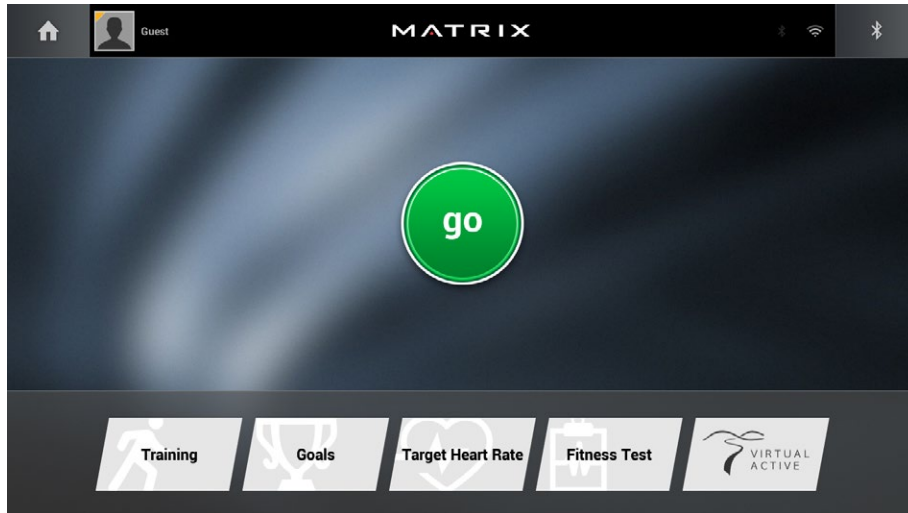
- Touch **GO** to begin working out immediately. Or...
- Touch the **WORKOUT CATEGORY** button of your choice to customize your workout.

PROGRAM SETUP

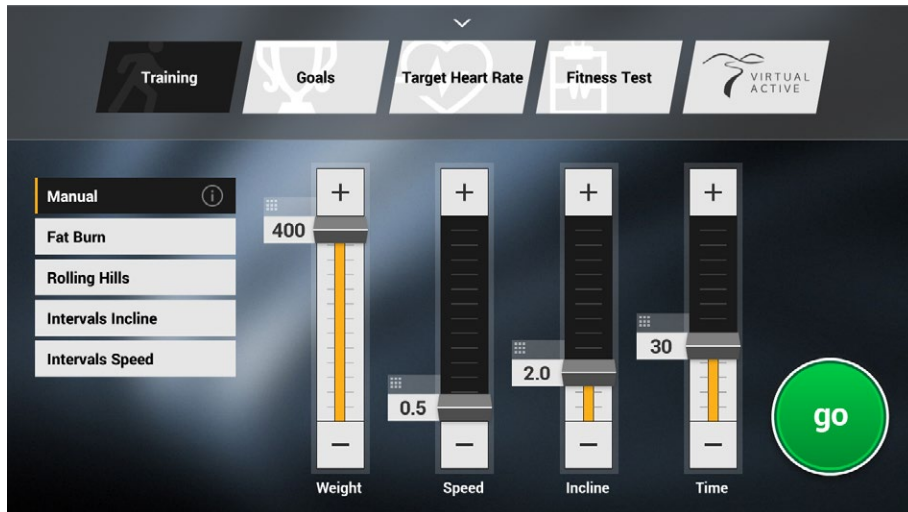
- 1) After selecting a **WORKOUT CATEGORY** button, select one of the **PROGRAMS** listed to the left.
For more information on a selected program, touch .
- 2) Use the **SLIDER CONTROLS** to adjust your program settings.
- 3) Press **GO** to begin your workout.

Note: Workouts and features vary based on model type, console configurations, software versions and options purchased.

GO SCREEN



PROGRAM SETUP



Note: Workouts and features vary based on model type, console configurations, software versions and options purchased.

HOME SCREEN



HOME SCREEN

- The **USERNAME** or **GUEST** is shown in the upper left corner.
- Touch **≡** to change **WORKOUT STATISTICS** displayed at the bottom of the screen.
- Touch **🏠** to go back to the home screen whenever you're using an app.
- Touch **⚙️** to adjust **VOLUME**, pair a **BLUETOOTH** device or to change **AUDIO SOURCE** (TV, My Media, Virtual Active, etc.).
- Touch **↓↑** to increase or decrease the intensity level, speed or incline.
- Touch **⌨️** to use the keypad to set intensity level, speed or incline. Press **⏹️** to confirm change.
- Touch **↶** to change intensity level, speed or incline back to previous setting.
- Touch **⏸️** to temporarily pause your workout and touch **▶️** to resume. **NOTE:** After resuming, speed, incline and intensity levels will be reset.
- While paused, touch **■** to end workout.
- Touch **−+** to increase or decrease the duration of your workout.
- Touch **📉** to enter cool down mode. Cool down lasts for a few minutes while reducing the workout intensity, allowing your body to recover from your workout.
- Touch **🔒** to lock the screen in order to prevent accidental screen touches from being implemented. Touch it again to unlock the screen and allow screen touches.



T1XE
T3XE



T1XE
T3XE

APPS AND ENTERTAINMENT



SIMPLE

Workout stats are displayed in 3 customizable windows.



TRACK

Displays a 400 M (1/4 MILE) track. Split feature allows you to keep track of your fastest laps and improve your time.



VIRTUAL ACTIVE

Your workout info is displayed and Virtual Active courses are shown. With Virtual Active, escape the confines of an ordinary workout as you or walk or run through exotic destinations.



TARGET HEART RATE

Track your progress while working out to a Target Heart Rate program.



FITNESS TEST

Track your progress while working out to a Fitness Test program.



CHANGE WORKOUT

Select a different workout without stopping your current workout.



MY MEDIA

Connect and control audio and video files on-screen via USB port or Bluetooth.



TV

Watch live TV.



WEATHER

Get local weather info.



WEB BROWSER

Access the world wide web while you work out.



FACILITY CALENDAR

View Facility event schedule and other info.



YOUTUBE

Browse and watch YouTube videos while you work out.



FACEBOOK

Browse your Facebook page while you work out.



TWITTER

Access your Twitter feed while you work out.



NETFLIX

Browse and watch Netflix videos while you work out. Netflix account required to access content.



HULU PLUS

Browse and watch Hulu Plus videos while you work out. Hulu Plus account required to access content.



VEVO

Browse and watch Vevo videos while you work out. Vevo account required to access content.



VUDU

Browse and watch Vudu videos while you work out. Vudu account required to access content.



MYFITNESS PAL

Lose weight with MyFitnessPal, the fastest and easiest to use calorie counter.

Note: Workouts and features vary based on model type, console configurations, software versions and options purchased.

**NOTE:**

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

FCC RF Radiation Exposure Statement:

1. This Transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.
2. This equipment complies with FCC RF radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with a minimum distance of 20 centimeters between the radiator and your body

MATRIX