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Congratulations on the purchase of your of a new motorized treadmill. To help to ensure the enjoyable and trouble-free operation of your new treadmill, we strongly suggest you read this manual carefully and follow its recommendations.

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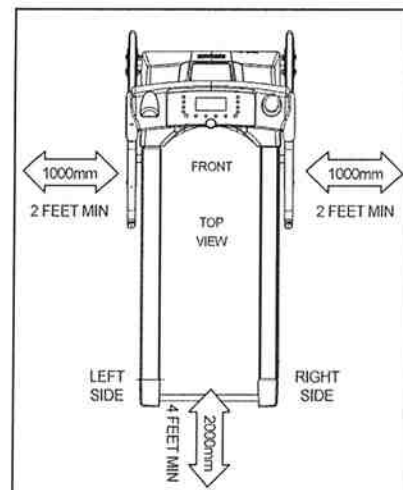
# IMPORTANT SAFETY INSTRUCTIONS

## DANGER

– To reduce the risk of electrical shock, always unplug this appliance from the electrical outlet immediately after using and before cleaning.

- ◆ Use this appliance only for its intended use as described in this manual.
- ◆ Do not use attachments not recommended by the manufacturer.
- ◆ To disconnect, turn all the controls to the off position, then remove the plug from the outlet.
- ◆ Connect this appliance to a proper grounded outlet only. See Grounding Instructions.
- ◆ This appliance is intended for household use.
- ◆ When you are not going to use your treadmill, or when finished, please remove the safety key from the console. Then always place the safety key where children can not reach.
- ◆ Do not use outdoors.
- ◆ Always unplug the treadmill from the outlet immediately after using, before cleaning, assembling or servicing.
- ◆ Never leave treadmill unattended when plugged in. disconnect by turning off the master power switch and unplug from the outlet.
- ◆ Never operate this treadmill if it has any damage to the lead or plug. Also if it is not operating correctly, has been dropped, damaged or if it has been exposed to water.
- ◆ Do not operate where aerosol products are being used or where oxygen is being administered.
- ◆ Don't pull the treadmill by its power cord or use the cord as a handle.
- ◆ Keep close supervision if the treadmill is being used by on near children, persons with disabilities or pets.
- ◆ Keep dry. Do not operate this treadmill in wet or moist conditions.
- ◆ Never insert any objects into any openings.
- ◆ To prevent injuries, always warm up your muscles before using the treadmill.
- ◆ Always attach the clip of the safety key to your body before inserting safety key. Please always wear safety key in case of an accident.
- ◆ MAX user weight: Please refer to the maximum user weight information on the treadmill before using.

- ◆ Keep unplugged and have the safety key out of reach of children, when not in use to prevent accidents.
- ◆ Keep electrical cord away from heated surfaces.
- ◆ Keep hands clear of all moving parts. Never place hands or feet under the treadmill.
- ◆ Each time you use the treadmill, check that the running belt is aligned and centered on the treadmill base and all visible fasteners on the treadmill are sufficiently tightened and secured.
- ◆ Be sure that the area around the treadmill remains clear during use and has adequate clearance. Keep the treadmill on a solid, level surface. At least 1000 mm/2 feet from any wall on either side.



### NOTE:

Failure to follow this instruction may lead to personal injury or injury to others. It could also cause damage to the treadmill. To reduce the risk of burns, fire or electric shock, please follow these instructions.

# ELECTRICAL GROUNDING INSTRUCTIONS

This product must be grounded. If it is malfunctioning or it breaks down, grounding provides the path of least resistance for the electrical current to reduce the risk of electrical shock. This treadmill is equipped with a cord having equipment grounding connector and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

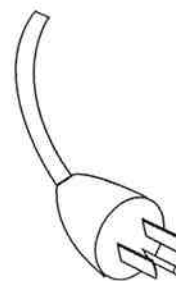
## ⚠ DANGER

Improper connection of the treadmill grounding connector can result in the risk of electrical shock. Check with a qualified electrician, if you are in doubt as to whether the product is properly grounded. Don't modify the plug provided with the treadmill. If it won't fit your outlet, have a properly grounded outlet installed by a qualified electrician.

Please pay attention, the power cable needs strictly an individual power source. It can not use the same power supply with any other equipment.

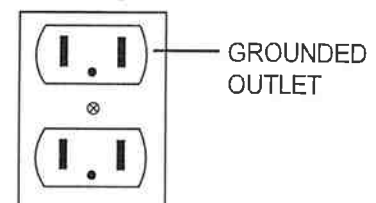
## ⚠ WARNING

Never use extension cords between the treadmill and the wall outlet. If there is any damage to the cables, please contact the service center. Parts should be replaced by an authorized technician.



GROUNDING PIN

Figure  
Grounding methods

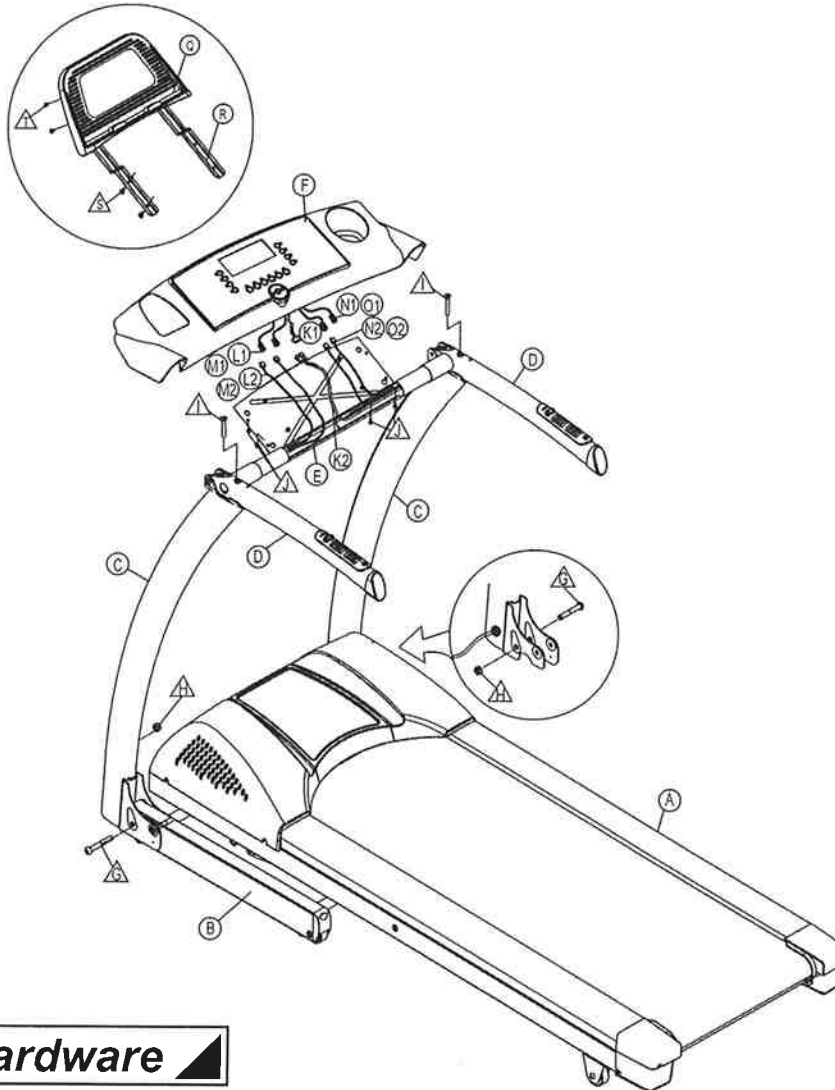


# MA200X ASSEMBLY INSTRUCTION

## ⚠ WARNING

After unpacking the fitness equipment, examine it carefully for possible damage. If there is any damage or there are missing parts, please contact your retailer or an authorized repair facility for assistance.

1. Since your treadmill is a heavy piece of equipment, we recommend the after taking off the top portion of the box; you slit the corners of the lower carton and fold down the sides. This will eliminate the need to pick up the treadmill over the sides of the box.
2. Prior to starting the assembly process take all the parts out of the box, remove all plastic bags, and then lay them out on the floor to become familiar with the components. Make sure that you remove all parts packaged underneath the treadmill. You may need to slightly pick up the back of the treadmill to get better access to the parts on the bottom. You will notice that the treadmill is completely assembled except for the handle bars and the display window.



## Parts

- (A) Frame
- (B) Base Frame
- (C) Support Handle
- (D) Handlebar
- (E) Console Bracket
- (F) Console
- (K1) PCB Console Plug
- (K2) PCB Console Wire
- (L1) Incline Control Plug
- (L2) Incline Control Wire
- (M1) Hand Pulse Cable L Plug
- (M2) Hand Pulse Cable L Wire
- (N1) Hand Pulse Cable R Plug
- (N2) Hand Pulse Cable R Wire
- (O1) Speed Control Plug
- (O2) Speed Control Wire
- (Q) Book Holder
- (R) Book Holder Bracket (2PCS)
- (S) Screw M5 X 10L (4PCS)
- (T) Screw M4 X 8L (4PCS)

## Hardware

### Screws already in place on the treadmill:

M10 X 60L (2pcs)  Screw (S)	M10 X 10t (2pcs)  Nylon nut (A)	M4 X 10L (4pcs)  Screw (T)	M8 X 15L (4pcs)  Screw (P)
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### Screws in the plastic bag:

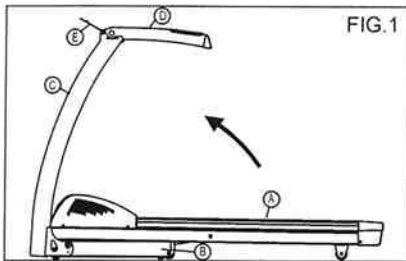
M8 X 70L (2pcs)  Screw (I)
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
### Tools:

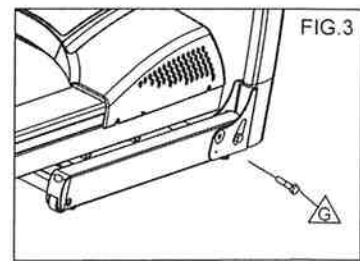
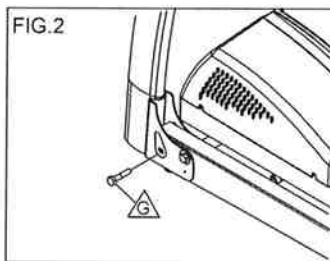
Wrench-6mm 	Wrench-5mm 	Wrench 
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# MA200X ASSEMBLY INSTRUCTION

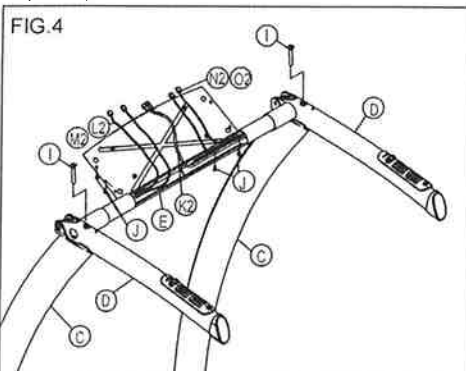
## STEP 1: Handlebar support post assembly




1. Remove the screw , and nut  from both left and right sides of base frame.
2. Raise the support handle and handle bar. (FIG.1)

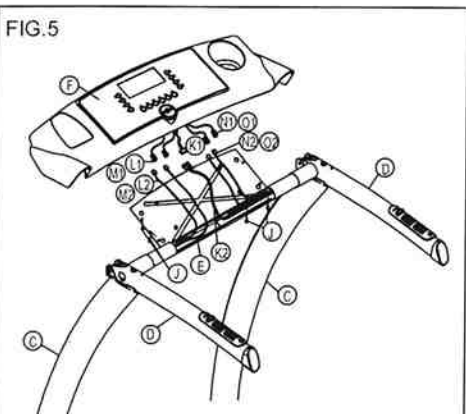


3. Refit the screw , and nut  to both the left and right sides of base frame and tighten. (FIG.2 , FIG.3)













## STEP 2: Handlebar assembly


1. Place handlebars onto the support bars, Tighten the screws  to both the left and right sides.
2. Rotate console tube to have console bracket in the proper position. (FIG.4)



## STEP 3: Console assembly

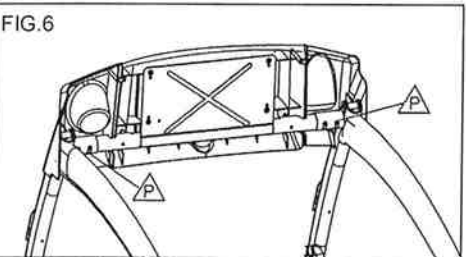
1. Hold console on console tube as illustration.
2. Connect PCB wires  .
3. Connect hand pulse wires  ,  .
4. Connect the Speed Control wires  .
5. Connect the Incline Control wires  .

Note: Insert excess wiring into right side of console tube.


6. Fix console on bracket by tightening 4 screws . (FIG.5)

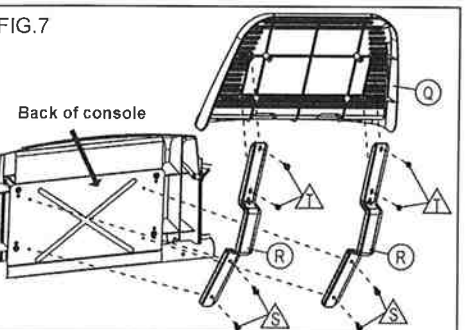
### Warning:

Make sure all the cables/wires are not pinched when the console screws are tightened.








## STEP 4: Complete assembly

1. Make sure side racks are fitted properly on handlebars. If necessary, rotate console tube to get correct position for console/racks on handlebars.
2. Tighten 4 screws  under both sides of console tube. (FIG.6)



## STEP 5: Book holder assembly

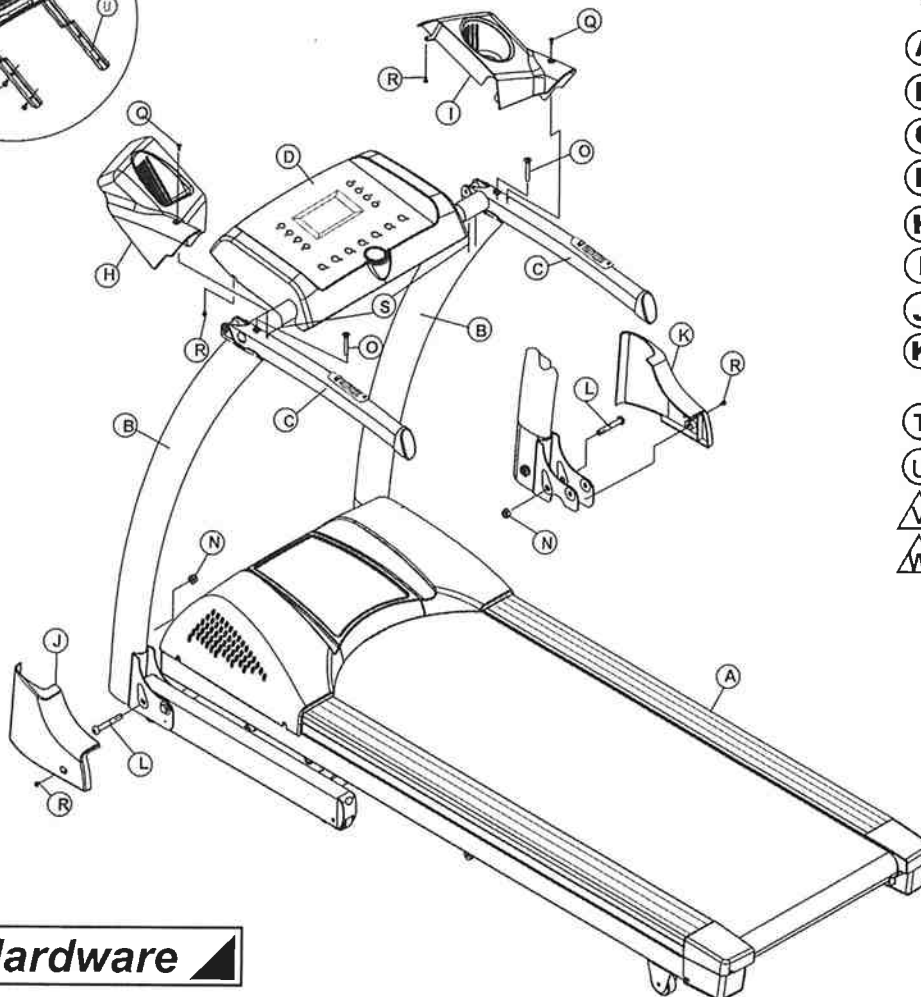
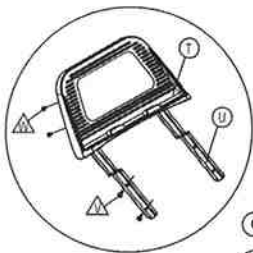
1. Fix the book holder brackets  with 4 screws  (round hole) and secure it on the back of the console.
2. Place the book holder  on the book holder bracket , secure it from the back of bracket with 4 screws  (rectangular hole). (FIG.7)

# MA300X ASSEMBLY INSTRUCTION

## ⚠ WARNING

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## Parts

- (A) Frame
- (B) Support Handle
- (C) Handlebar
- (D) Console
- (H) Left Rack
- (I) Right Rack
- (J) Left Cover
- (K) Right Cover
- (T) Book Holder
- (U) Book Holder Bracket (2PCS)
- (V) Screw M5 X 10L (4PCS)
- (W) Screw M4 X 8L (4PCS)

## Hardware

Screws already in place on the treadmill:

M10 X 60L (2PCS)  screw (V)	M10 X 10t (2PCS)  nylon nut (N)	M8 X 15L (4PCS)  screws (S)	Ø4.1 X 5/8L (2PCS)  screws (Q)	M4 X 10L (2PCS)  screws (R)
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Screws in the plastic bag:

M8 X 70L (2PCS)  screws (Q)	M4 X 10L (2PCS)  screws (R)
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Tools:

Wrench-6mm 	Wrench-5mm 	Wrench 
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